

Sports Science Accreditation Application Form

If you are unsure of your eligibility for sports science accreditation, please contact the ESSA National Office on (07) 3856 5622 or email info@essa.org.au

Sports science accreditation guidelines

The term sports scientist is a generic name encompassing all those qualified specialists who are associated with:

- the provision of sports science services to athletes;
- the training of potential sports scientists; and/or
- the conduct of research relating to sport.

Within the domain of sports science lie the sub fields of biomechanics, physiology, skill acquisition, and strength science. The role of ESSA in accrediting these areas is to ensure that appropriate standards of technical and ethical conduct are met and maintained by all those in practice. The applicant must therefore hold full membership of ESSA, and then satisfy the specific requirements detailed below for sports scientist accreditation.

Knowledge, Skills, and Competencies for Accreditation in Sports Science

The applicant must hold full membership of ESSA and should nominate the sub field or fields of sports science which best describes their professional practice. In their preferred sub field or fields they must show documented ability¹ to:

1. Evaluate the demands of a sport or sports discipline in a sub field or fields of sports science;
2. Quantitatively measure the component demands of a sport or sports discipline in a sub field or fields of sports science, including the ability to select, calibrate, and operate appropriate field and/or laboratory apparatus;
3. Interpret quantitative measures of sports performance in a clear and concise manner, intelligible to both specialist and non specialist practitioners;
4. Apply meaningful interventions with an athlete, with a view to enhancing their performance while not increasing their likelihood of injury or illness;
5. Measure anthropometric variables, to a level consistent with Level 1 accreditation with the International Society for the Advancement of Kinanthropometry (ISAK);
6. Use and maintain a database or other computer-oriented data storage, retrieval, and reporting system;
7. Effectively communicate with individuals and groups in both written and oral form, in a manner consistent with the Code of Conduct of Exercise & Sports Science Australia;
8. Apply basic administration and management skills, including planning, decision-making, marketing, and budgeting.

In addition, the applicant must show documentary evidence of:

9. A minimum of a Bachelors degree with Honours or Graduate Diploma in Exercise and Sports Science or a related discipline, with evidence of specialisation in a sub field of sports science.
10. A minimum of 500 hours of professional practical experience in exercise and sports science, at least 350 of which must be specifically completed in sport under the mentorship of a Sports Scientist eligible for sports science accreditation, and at least 150 of which must be completed external to the training institution. (A letter of endorsement from the mentor might provide appropriate evidence.) The applicant should provide as much detail as possible about the client groups with which he/she has worked, the role, dates and the approximate amount of time. It is important to distinguish between direct contact time and indirect contact time with clients;
11. A commitment to the legal and ethical implications of professional sports science practice, especially with regards to confidentiality, legal liability, and professional accountability, in accord with the charter and spirit of the Code of Conduct of Exercise & Sports Science Australia and the Guidelines for Human Experimentation established by the National Health and Medical Research Council;
12. On-going professional indemnity cover or its equivalent for the period of accreditation;
13. Current certification in first aid and cardiopulmonary resuscitation;
14. A commitment to continuing education in sports science, as required by the ESSA Continuing Education Program.

¹ Documentation should include a professional portfolio of, for example, case studies and client feedback that can demonstrate the applicants

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To apply for sports science accreditation applicants must;	Application Page Reference	Tick when completed
1. Be a financial Full/Exercise Science member of Exercise & Sports Science Australia. PLEASE NOTE: A Full/Exercise Science member application may accompany this application.		
2. Provide a statutory declaration attached to written documentation which indicates how the criteria are met in the Necessary and Sufficient Knowledge, Skills and Competencies (Section 1 of the Sports Scientist Application Guidelines); educational and training requirements (Section 2 of the Sport Scientist Application Guidelines) and specific requirements (Section 3 of the Sports Scientist Application Guidelines). It should be noted that the applicant's associated documentation should provide sufficient detail to indicate how each particular criterion is met. An example of wording for the statutory declaration is as follows: "The attached documentation accurately indicates how the criteria for necessary and sufficient knowledge, skills and competencies are met in order to fulfil application requirements for accreditation in the area of sports science within Exercise & Sports Science Australia".	Page 5	
3. Submit certified academic transcripts (copies only) signed and authenticated by a Justice of the Peace for all degrees you have completed (relevant to this application) if not previously submitted.	Attach	
4. Provide an up-to-date Curriculum Vitae.	Attach	
5. Enclose a cheque/money order for \$55.00 or \$30.00 if you are an accredited exercise physiologist or complete the Credit Card Payment Slip below. Cheque/money orders should be made payable to Exercise & Sports Science Australia. The accreditation fee MUST accompany your application form.	Page 7	
6. Send Application Forms to: Exercise & Sports Science Australia (ESSA) The Assessment Team PO Box 123 Red Hill QLD 4059 ** Fax applications will not be accepted		

Please note :

**** Applications will not be assessed until a COMPLETE application has been received by the office.**

Section A - Personal Details

Title Given names Surname
Date of Birth Preferred email address Required for access to the ESSA website.

Postal Address

Address
Town/suburb State Postcode
Phone Fax

Work Address

Address
Town/suburb State Postcode
Phone Fax
Mobile

Current employment

<input type="text"/>
<input type="text"/>

Previous position held (detail position title and date position held)

<input type="text"/>
<input type="text"/>

Section B - Qualifications

Qualifications achieved

List only degrees awarded from tertiary institutions, not degrees incomplete or in progress or non-tertiary qualifications.

Degree	Institution	Year Completed
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
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<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

Section C - Previous position held

For the most recent position/s (up to five) you have held relevant to accreditation in sports science please detail, as specifically as possible, the extent and duration of practical experience gained. Internships and voluntary work experience may be included but should include the number of client contact hours completed.

Position	Extent and nature of practical experience	Date(s) held
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
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<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

Specialist Area

Which sub field or fields best describes your professional practice? (Please tick)

Biomechanics Physiology Skill Acquisition Strength Science

Section D - Professional Referee

Title Given names Surname

Profession

Qualifications and professional experience relevant to exercise and sports science

Address

Town/ Suburb State Postcode

Phone email

Date Signature

Please note that ESSA may contact your professional referee to verify information contained within the application.

Section E - Professional Declaration

Declaration

a) I certify that the information supplied on and within this form is true and correct.

<input type="text"/>	<input type="text"/>
Applicant signature	Date

b) If accepted as an accredited exercise scientist of the association I agree to abide by the ESSA Code of Conduct.

<input type="text"/>	<input type="text"/>
Applicant signature	Date

Section F - Statutory Declaration

**Commonwealth of Australia
Statutory Declaration
Statutory Declarations Act 1959**

1. Insert the name, address and occupation of person making the declaration I, []
(name) , of [] (address)
and of [] (occupation) make the following declaration under the Statutory Declarations Act 1959:

2. Set out matter declared to in numbered paragraphs
“The attached documentation accurately indicates how the criteria for necessary and sufficient knowledge, skills and competencies are met in order to fulfil application requirements for sports science accreditation with Exercise & Sports Science Australia”. I understand that a person who intentionally makes a false statement in a statutory declaration is guilty of an offence under section 11 of the Statutory Declarations Act 1959, and I believe that the statements in this declaration are true in every particular.

3. Signature of person making the declaration []

4. Place []

5. Day []

6. Month and year Declared at 4. [] on 5. [] of 6. []

Before me,

7. Signature of person before whom the declaration is made (see over) []

8. Full name, qualification and address of person before whom the declaration is made (in printed letters)
[] (name) [] (qualification) of
[] (address)

Note 1 A person who intentionally makes a false statement in a statutory declaration is guilty of an offence, the punishment for which is imprisonment for a term of 4 years — see section 11 of the Statutory Declarations Act 1959.
Note 2 Chapter 2 of the Criminal Code applies to all offences against the Statutory Declarations Act 1959 — see section 5A of the Statutory Declarations Act 1959.

A statutory declaration under the Statutory Declarations Act 1959 may be made before—

- 1. a person who is currently licensed or registered under a law to practise in one of the following occupations:
Chiropractor Dentist Legal practitioner Medical practitioner Nurse Optometrist
Patent attorney Pharmacist Physiotherapist Psychologist Trade marks attorney Veterinary surgeon
- 2. a person who is enrolled on the roll of the Supreme Court of a State or Territory, or the High Court of Australia, as a legal practitioner (however described); or
- 3. a person who is in the following list:
Agent of the Australian Postal Corporation who is in charge of an office supplying postal services to the public
Australian Consular Officer or Australian Diplomatic Officer (within the meaning of the Consular Fees Act 1955)
Bailiff
Bank officer with 5 or more continuous years of service
Building society officer with 5 or more years of continuous service
Chief executive officer of a Commonwealth court

- Clerk of a court
- Commissioner for Affidavits
- Commissioner for Declarations
- Credit union officer with 5 or more years of continuous service
- Employee of the Australian Trade Commission who is:
(a) in a country or place outside Australia; and
(b) authorised under paragraph 3 (d) of the Consular Fees Act 1955; and
(c) exercising his or her function in that place
- Employee of the Commonwealth who is:
(a) in a country or place outside Australia; and
(b) authorised under paragraph 3 (c) of the Consular Fees Act 1955; and
(c) exercising his or her function in that place
- Fellow of the National Tax Accountants’ Association
- Finance company officer with 5 or more years of continuous service
- Holder of a statutory office not specified in another item in this list
- Judge of a court
- Justice of the Peace

Magistrate

Marriage celebrant registered under Subdivision C of Division 1 of Part IV of the Marriage Act 1961

Master of a court

Member of Chartered Secretaries Australia

Member of Engineers Australia, other than at the grade of student

Member of the Association of Taxation and Management Accountants

Member of the Australian Defence Force who is:

- (a) an officer; or
- (b) a non-commissioned officer within the meaning of the Defence Force Discipline Act 1982 with 5 or more years of continuous service; or
- (c) a warrant officer within the meaning of that Act

Member of the Institute of Chartered Accountants in Australia, the Australian Society of Certified Practising Accountants or the National Institute of Accountants

Member of:

- (a) the Parliament of the Commonwealth; or
- (b) the Parliament of a State; or
- (c) a Territory legislature; or
- (d) a local government authority of a State or Territory

Minister of religion registered under Subdivision A of Division 1 of Part IV of the Marriage Act 1961

Notary public

Permanent employee of the Australian Postal Corporation with 5 or more years of continuous service who is employed in an office supplying postal services to the public

Permanent employee of:

- (a) the Commonwealth or a Commonwealth authority; or
- (b) a State or Territory or a State or Territory authority; or
- (c) a local government authority;

with 5 or more years of continuous service who is not specified in another item in this list

Person before whom a statutory declaration may be made under the law of the State or Territory in which the declaration is made

Police officer

Registrar, or Deputy Registrar, of a court

Senior Executive Service employee of:

- (a) the Commonwealth or a Commonwealth authority; or
- (b) a State or Territory or a State or Territory authority

Sheriff

Sheriff's officer

Teacher employed on a full-time basis at a school or tertiary education institution

Checklist

I have completed the following:

- I am a Full/Exercise Scientist member or I have submitted the application form with this application
- Completed the Application form
 - Personal information
 - Evidence to meet Knowledge, Skills, and Competencies (p 2)
 - Evidence of Experience
- Statutory declaration signed and witnessed
- Transcripts signed by a JP (if applicable)
- Copy of current FIRST AID and CPR
- Copy of current Curriculum Vitae (CV)
- Enclosed payment of \$55 or \$30

Please note:

- 1) Applications will not be assessed until a complete application has been received by the office.
- 2) If you are required to submit further information, you have 3 months ONLY to have your application finalised.
- 3) A \$50 administration fee will be charged if your application is not successful or if you fail to finalise your application within the 3 months.
- 4) Faxed applications will not be accepted

Payment Details

Card Type (Please select) VISA Mastercard

Cardholders Name Expiry of Card

Card Number


I authorise Exercise & Sports Science Australia to debit my credit card for the amount of **\$55.00.** Yes No

I authorise Exercise & Sports Science Australia to debit my credit card for the amount of **\$30.00.** Yes No

Signature Date

Please note – membership is based upon a calendar year, if you join part way through a year you will be required to pay the full amount for the accreditation and upon renewal in the subsequent year you will be charged a pro-rata amount equivalent to your date of joining.

Office Use Only	
Date received	_____
Assessor	_____
Outcome	_____
Date approved	_____

Postal Address
Exercise & Sports Science Australia
The Assessment Team
P.O. Box 123, Red Hill QLD 4059
Ph 07 3856 5622 Fax 07 3856 5688
 <small>EXERCISE & SPORTS SCIENCE AUSTRALIA</small>