

## 2017 ACCREDITED SPORTS SCIENTIST (ASpS)

LEVEL 1

### ELIGIBILITY

This form is relevant to applicants who;

- are looking to apply under the regular pathway to become an ESSA Accredited Sports Scientist (ASpS) Level 1 AND
- have completed an AQF Level 7 qualification (or an international equivalent) leading to the award of a Bachelor degree in or related to the field of exercise and sports science

### OVERVIEW

An ESSA Accredited Sports Scientist specialises in applying scientific principles and techniques to assist coaches and athletes to improve their performance, either at an individual level or within the context of a team environment. They may also apply their knowledge and skills to relevant projects within the sports industry, for corporate bodies or in the community.

At all times, an ESSA Accredited Sports Scientist makes the wellbeing of the athlete, the team and other service users their primary concern by providing the utmost duty of care and never recommending the use of any substance or practice that might knowingly cause harm to the service user.

Accredited Sports Scientists are qualified specialists who are associated with:

- the provision of sports science services to athletes;
- the training of potential sports scientists; and/or
- the conduct of research relating to sport in an elite sporting environment such as the AIS, state academy or professional sports club.


Accredited Sports Scientist Level 1 applicants must;

- Demonstrate evidence of meeting the ESSA Exercise Science Standards, including 140 hours of supervised apparently healthy practicum.

- Demonstrate evidence of meeting the ESSA Accredited Sports Scientist Professional Standards (Standards 1 to 6).
- Demonstrate evidence of 360 supervised hours of sports science professional experience; suitable supervisors and assessors for Accredited Sports Scientist Level 1 accreditation include:
  - a current ESSA Accredited Sports Scientist Level 1 with 2 years full time equivalent (FTE) (3600 hours) experience
  - a current ESSA Accredited Sports Scientist Level 2
  - a current Accredited Sports Scientist with the British Association of Sport and Exercise Sciences (BASES), or with Sport and Exercise Science New Zealand (SESNZ)
  - an Australian Strength and Conditioning Association (ASCA) Professional Coach, Level 2 or above with a 3-year degree in exercise, sport or movement science.
  - an accredited coach with the UK Strength and Conditioning Association (UKSCA).

Note: Other persons may be approved as supervisors or assessors on a case-by-case basis by the ESSA Sports Science Standards Advisory Committee.

### APPLY

- Save a copy of this application form and complete in full
- ESSA forms must be completed in English and all documentation supplied must be in English
- Print the form and attach all relevant documents 
- Refer to the checklist on the final page of this application form to ensure you have completed the application form in full
- Post to Exercise & Sports Science Australia (ESSA), Locked Bag 4102, Ascot QLD 4007, Australia

## SECTION A- PERSONAL DETAILS

### PERSONAL DETAILS

Title  Full Name

DOB

Email   
(this is required for your website login)

Are you of Aboriginal or Torres Strait Islander origin? Yes  No

How did you find out about ESSA membership? ESSA Website  Colleague  Employer  University  Other

### CONTACT INFORMATION

Postal address

Town/Suburb  State/province  Postcode /zip code

Country  Contact phone number

Are you working in the exercise and sports science field?

- YES Please complete the box below and page 3.  
 NO Continue to 'Languages' at the bottom of page 3.

### WORK ADDRESS AND EMPLOYMENT INFORMATION

Name of workplace

Postal address

Town/Suburb  State/province  Postcode /zip code

Country  Contact phone number

Current Employment \_\_\_\_\_

Previous Position/title \_\_\_\_\_

### PRIVACY STATEMENT

Exercise & Sports Science Australia manages your personal information in line with the Australian Privacy Principles and the ESSA Privacy Policy. The Privacy Policy is available from the ESSA website [www.essa.org.au](http://www.essa.org.au). ESSA only uses and discloses your personal information for our primary functions, or a directly related purpose. Primary functions include: releasing accredited member business information via the Find an Accredited Professional search function on the ESSA website. Related purposes include: releasing accreditation information to organisations such as Medicare Australia, Department of Veterans' Affairs, private health insurers, workers compensations authorities, National Health Services

Directory; releasing industry information to relevant condition organisations e.g. Arthritis Australia, Heart Foundation, Diabetes Australia; and releasing accreditation information to relevant sports governing bodies e.g. Australian Sports Anti-Doping Authority (ASADA) and sports integrity unit(s). If you do not want ESSA to release your information, or have concerns about how ESSA uses your information, please contact us in writing at [info@essa.org.au](mailto:info@essa.org.au). You can view and correct your personal information from your ESSA My Account.

**Please indicate your primary, and if applicable your secondary, professional practice sector by placing a 1 (for primary area of employment) and 2 (for secondary area of employment if applicable) in the boxes below:**

National government organisation	<input type="checkbox"/>	Fitness club/institution	<input type="checkbox"/>	Other <i>Please specify:</i>	<input type="checkbox"/>
Research/education institution	<input type="checkbox"/>	Private company	<input type="checkbox"/>		
Sporting club/institute/academy	<input type="checkbox"/>	Student	<input type="checkbox"/>		

**Please indicate your primary, and if applicable your secondary, area of employment by placing a 1 (for primary area of employment) and 2 (for secondary area of employment if applicable) in the boxes below:**

Administration/project officer	<input type="checkbox"/>	Fitness industry	<input type="checkbox"/>	Strength & conditioning	<input type="checkbox"/>
Coaching & athlete development	<input type="checkbox"/>	Management	<input type="checkbox"/>	Other <i>Please specify:</i>	<input type="checkbox"/>
Education	<input type="checkbox"/>	Sports science testing/services	<input type="checkbox"/>		

**Please indicate languages you are fluent in by placing a tick in the boxes below:**

English	<input type="checkbox"/>	French	<input type="checkbox"/>	Sign Language	<input type="checkbox"/>
Afrikaans	<input type="checkbox"/>	German	<input type="checkbox"/>	Spanish	<input type="checkbox"/>
Arabic	<input type="checkbox"/>	Italian	<input type="checkbox"/>	Tagalog	<input type="checkbox"/>
Cantonese	<input type="checkbox"/>	Japanese	<input type="checkbox"/>	Turkish	<input type="checkbox"/>
Croatian	<input type="checkbox"/>	Maltese	<input type="checkbox"/>	Other <i>Please specify:</i>	<input type="checkbox"/>
Dutch	<input type="checkbox"/>	Mandarin	<input type="checkbox"/>		
Greek	<input type="checkbox"/>	Polish	<input type="checkbox"/>		

## SECTION B- QUALIFICATIONS

COURSE NAME	COURSE CODE	HIGHER EDUCATION PROVIDER	YEAR COMPLETED
1.			
2.			
3.			
4.			
5.			

### ATTACH



#### ESSA accepts either;

- a) A letter from your higher education provider verifying successful course completion and eligibility to graduate. Your name, course name and code must be on the letter OR
- b) An official\* AND certified copy\* of your transcript verifying successful completion of all course requirements OR that the qualification has been awarded or conferred.

**NOTE 1.** You may need to order an official academic transcript from your higher education provider if you are applying to ESSA before graduation.

**NOTE 2.** \*'Official' means a hard copy from your higher education provider i.e. not downloaded from the higher education provider's website. \*'Certified copy' means a copy of the original document that is signed by a suitable notary ([see examples of a Suitable Notary](#)) as a true copy of the original.

**NOTE 3.** For transcripts not in English, attach an officially translated copy of your final academic transcript. Transcripts must be translated to English by a NAATI accredited translator (National Accreditation Authority for Translators and Interpreters Ltd).

Do you work with clients/human subjects (no matter the type) YES  NO

If you answered yes, please attach the below requirements to your application:



Copy of current First Aid (code HLTAID003) and CPR (HLTAID001) statement of attainment

*Please ensure that your First Aid and CPR statement of attainment/s are valid for at least 45 days on submission of your application.*

## SECTION C- FEE AND PAYMENT DETAILS

ESSA applications incur a processing or assessment fee payable upon receipt of your application and the annual membership and/or accreditation fee/s are payable upon approval of your application.

### C1.0 ASSESSMENT FEES

No assessment fee will be charged in 2017 for ASpS.

- Assessments are processed within 30 working days.

- Additional information must be supplied within 30 working days.
- Additional assessments are processed within 30 working days.

**C2.0 MEMBERSHIP AND ACCREDITATION FEES**

Upon approval for ASpS you are eligible to choose from several joining options. Please tick your preferred joining option below.  
Please note: Membership is FREE with this accreditation type.

- I am already a financial Full member for 2017 i.e. have paid the 2017 fees AND wish to become an ASpS.  
Total fee: No charge
- I am not a current member/accredited professional of ESSA AND wish to become only an ASpS (non-member).  
Total fee: \$236.00 incl GST
- I am not a current member/accredited professional of ESSA AND wish to become an ASpS AND a Full member of ESSA  
Total fee: \$236.00 incl GST

**C3.0 PAYMENT METHODS**

**ESSA accepts credit card and cheques/money orders**

I am paying by credit card

Card type (Please select)

VISA

Mastercard

Cardholder's name \_\_\_\_\_ Expiry of card (Month/Year) \_\_\_\_\_

Card number

Signature \_\_\_\_\_ Date

*NOTE: If paying by credit card a 1.5% merchant fee applies.*

*If my application is approved I authorise Exercise & Sports Science Australia to charge my credit card for the preferred joining option indicated above, plus the merchant fee.*

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I am paying by cheque/money order

\*Please staple a cheque/money order for the fee relevant to your preferred joining option (see C2.0) made payable to Exercise & Sports Science Australia to your application. Will be banked upon approval of application.

ESSA membership and/or accreditation fees apply annually, per calendar year (January – December). Full annual fees are charged at the time of approval, with pro-rata fees then issued for the following year.

## SECTION D- DECLARATIONS

### D1.0 ESSA DECLARATIONS

By submitting this application I authorise and acknowledge the following:

**A)** I certify that the information supplied on and with this form is true and correct.

Applicant's signature \_\_\_\_\_ Date

.....  
**B)** If accepted as an Exercise & Sports Science Australia member and/or an accredited professional I agree to abide by the Exercise & Sports Science Australia Code of Professional Conduct and Ethical Practice

Applicant's signature \_\_\_\_\_ Date

.....  
**C)** As an accredited professional I certify that if I am working with clients/human subjects (no matter the type) that I will have current professional indemnity and public liability insurance and hold current first aid and cardiopulmonary resuscitation (CPR) qualifications

Applicant's signature \_\_\_\_\_ Date

.....  
**D)** If accepted as an Exercise & Sports Science Australia member and/or an accredited professional I confirm that I am a fit and proper person by acknowledging the following:

- I have not been charged with or have any prior convictions for a serious criminal offence, sexual assault, fraud, or other offence of dishonesty;
- I have not been and am not currently under investigation, the subject of complaint, disciplinary proceedings or adverse findings as to fitness to practice by any international regulatory body having jurisdiction over me or any industry in which I have been employed;
- I possess the necessary physical and mental health to deliver a service safely and competently to the public.

Applicant's signature \_\_\_\_\_ Date

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**D2.0 STATUTORY DECLARATION**

This statutory declaration covers all information provided to support this application, including additional information submitted for any additional assessments, it must be completed by the applicant and authorised and witnessed by a suitable notary e.g. Justice of the Peace, police officer, pharmacist, full-time teacher etc.

1. Insert the name, address and occupation of person making the declaration  
*i.e. Applicant details*
- I,<sup>1</sup> \_\_\_\_\_ (name) of  
\_\_\_\_\_ (address)  
And of \_\_\_\_\_ (occupation)
- make the following declaration under the Statutory Declarations Act 1959:
2. Set out matter declared to in numbered paragraphs
- <sup>2</sup> "The attached documentation accurately demonstrates the necessary requirements for this application with Exercise & Sports Science Australia.
- I understand that a person who intentionally makes a false statement in a statutory declaration is guilty of an offence under section 11 of the Statutory Declarations Act 1959, and I believe that the statements in this declaration are true in every particular.
3. Signature of person making the declaration  
*i.e. Applicant signature*
- <sup>3</sup> Signature \_\_\_\_\_
4. Place
- Declared at <sup>4</sup> \_\_\_\_\_ on <sup>5</sup> \_\_\_\_\_ of <sup>6</sup> \_\_\_\_\_
5. Day
6. Month and year
7. Signature of person before whom the declaration is made  
*i.e. Suitable notary signature*
- <sup>7</sup> Signature \_\_\_\_\_
8. Full name, qualification and address of person before whom the declaration is made (in printed letters)  
*i.e. Suitable notary details*
- <sup>8</sup> Name \_\_\_\_\_  
Qualification \_\_\_\_\_

Note 1 A person who intentionally makes a false statement in a statutory declaration is guilty of an offence, the punishment for which is imprisonment for a term of 4 years — see section 11 of the Statutory Declarations Act 1959.

Note 2 Chapter 2 of the Criminal Code applies to all offences against the Statutory Declarations Act 1959 — see section 5A of the Statutory Declarations Act 1959.

Please see the attachment [suitable notary for examples of people who can certify an academic transcript and witness a statutory declaration](#) [Click completed statutory declaration for an example.](#)

## SECTION E- ASSESSMENT OF STANDARDS

### E1.0 STANDARDS

The ESSA Accredited Sports Scientist Professional Standards broadly define the minimum components of an Accredited Sports Scientist (ASpS).

The Level 1 Accredited Sports Scientist Professional Standards (Standards 1 to 6) are based on the minimum requirements to practise safely and effectively as a sports scientist. The standards build on the general introduction to sports science in the prerequisite ESSA Exercise Science Standards. Credentialing as an Accredited Sports Scientist starts at Level 1.

This form requires you to demonstrate the relevant professional standards. Before completing Section E please see the [Level 1 Accredited Sports Scientist Guide](#).

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### E2.0 DO YOU HOLD EXERCISE SCIENCE ACCREDITATION ALREADY?

**NO**- Please proceed to E3.0

**YES**- Please proceed to E4.0

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### E3.0 EXERCISE SCIENCE STANDARDS

#### NUCAP

If you have completed a NUCAP undergraduate exercise science (ES) qualification you automatically satisfy the study areas, however you will need to demonstrate evidence of at least 140 hours of apparently healthy practicum. Please proceed to E3.2.

#### NON NUCAP

If you have not completed a NUCAP undergraduate ES qualification you are required to demonstrate how you meet the ESSA Exercise Science Standards, and at least 140 hours of apparently healthy practicum, as part of Section E. Please proceed to E3.1 AND E3.2.

### E3.1 HOW TO COMPLETE SECTION E:



1. Click this link [Section E ES Standards AES non-NUCAP](#) (Word document).
2. Download and read the Tips on completing Section E on page 2 of the Word document.
3. Complete in full by listing and/or describing evidence.
4. Attach all evidence items as hard copies with your application form OR save all evidence items to a USB and send with your application.
5. If you have undertaken professional practice, attach evidence of at least 140 hours of apparently healthy practicum.

### E3.2 HOW TO PROVIDE EVIDENCE OF APPARENTLY HEALTHY PRACTICUM:

To assist you in completing the professional practice component of Section E, please refer to the [AEP Practicum Guide](#) for more information on apparently healthy practicum AND see the resources below

[Click the link for the ESSA Logbook Template](#)

[Click the link for a Logbook Example](#)

[Click the link for a Supervisor Form Template](#)

[Click the link for an Example Supervisor Form](#)

I have completed the ES Standards document AND provided evidence of apparently healthy practicum and have attached my evidence.



## E4.0 ACCREDITED SPORTS SCIENTIST PROFESSIONAL STANDARDS - LEVEL 1

Applicants are required to provide a portfolio of evidence for meeting the Level 1 Professional Standards.

[Click link for Sports Science Standards](#)

### HOW TO PROVIDE EVIDENCE OF THE STANDARDS

1. Provide a written response to each standard (1-6).
2. Support each response by providing evidence documents such as athlete programs, reports, professional development references etc.
3. Attach responses and evidence either as hard copy with this application or saved to a USB.

### HOW TO PROVIDE EVIDENCE OF 360 HOURS OF SPORTS SCIENCE PROFESSIONAL PRACTICE

To assist you in completing evidence of sports science professional practice, you can use the templates below:

[Logbook](#)

[Supervisor form](#)

OR provide other written references

## SECTION F- PROFESSIONAL REFEREES

### REFEREE 1






Title	<input type="checkbox"/>	Full Name	<input type="text"/>	
Postal address	<input type="text"/>			
Phone	<input type="text"/>	Fax	<input type="text"/>	
Mobile	<input type="text"/>			
Email	<input type="text"/>			
Qualifications and professional experience relevant to exercise and sports science				
<input type="text"/>				
Current position/title	<input type="text"/>			
Capacity in which applicant is known to the referee	<input type="text"/>			

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### REFEREE 2

Title	<input type="checkbox"/>	Full Name	<input type="text"/>	
Postal address	<input type="text"/>			
Phone	<input type="text"/>	Fax	<input type="text"/>	
Mobile	<input type="text"/>			
Email	<input type="text"/>			
Qualifications and professional experience relevant to exercise and sports science				
<input type="text"/>				
Current position/title	<input type="text"/>			
Capacity in which applicant is known to the referee	<input type="text"/>			

## SECTION G- APPLICATION CHECKLIST (TICK WHEN COMPLETE)

1. **COMPLETE SECTION A** - PERSONAL DETAILS
  2. **COMPLETE SECTION B** - QUALIFICATIONS \*ATTACH CERTIFIED COPIES  
  3. **COMPLETE SECTION C** - FEES AND PAYMENTS \* STAPLE CHEQUES/MONEY ORDERS IF APPLICABLE  
  4. **COMPLETE SECTION D** - DECLARATIONS  
  5. **COMPLETE SECTION E** - STANDARDS- AES/ASpS OR ASpS  
  6. **COMPLETE SECTION F** - PROFESSIONAL REFEREES  
- .....

**Please note:**

- Applications will not be assessed until a complete application and supporting documentation has been received by the ESSA National Office
- Applications are assessed in order of arrival and can take up to 30 working days per application from the date of receipt
- You will receive a confirmation email upon receipt of your application. If you have not received this within 10 working days of sending your application please contact ESSA on +61 07 3171 3335
- Application forms are not returned to you, please keep a copy for your records
- Do not send original academic transcripts as these will not be returned to you
- ESSA recommends sending your application by registered post and keeping a tracking number for your reference