You are cordially invited to attend the
Exercise Physiology Symposium 2017
A continuing professional development education day specifically for Accredited Exercise Physiologists.

- **When:** Monday October 23rd 2017, 9am – 5pm
- **Where:** University House, University Centre for Rural Health, North Coast, 61 Uralba St Lismore
- **Key presentations (speaker details next page):**
  - Exercise prescription pre and post lung transplant
  - Minimising muscle wasting in cancer patients
  - Resistance training in chronic kidney disease and transplantation medicine
  - Exercise on dialysis
  - Exercise prescription for neurological and spinal cord injuries
  - Residual Force Enhancement contraction modalities in hamstring rehabilitation
  - Integrating exercise into routine mental health care
  - Aquatic exercise and chronic fatigue syndrome
- **Who should attend?** Accredited Exercise Physiologists. Student clinicians also welcome.
- **Register here:**
- **Your investment:**
  - Qualified clinicians $44.00 (including GST)
  - Student clinicians $22.00 (including GST)
- **More information:** [larisa.barnes@ucrh.edu.au](mailto:larisa.barnes@ucrh.edu.au)

The ESSA Professional Development Committee certifies that this Professional Development offering meets the criteria for 7 Continuing Professional Development (CPD) Points.
Speakers - Exercise Physiology Symposium 2017

- **Dr Suzanne Broadbent AEP (Central Qld University) and Dr Sonja Coetzee (Southern Cross University) AEP**, Aquatic exercise as management for Chronic Fatigue Syndrome: a pilot study
- **Mr Neil Chapman (Southern Cross University) AEP**, Residual force enhancement contraction modalities in hamstring rehabilitation
- **Dr Bobby Cheema (Western Sydney University) AEP**, Resistance training in chronic kidney disease and transplantation medicine
- **Ms Kylie Everman (NNSW LHD) AEP**, Exercise on Dialysis Pilot Project
- **Dr Justin Keogh (Bond University) AEP**, Muscle wasting in cancer patients and survivors: why this is important and how can we minimise it
- **Mr Sam Mitchell AEP and Ms Kate Schaefer AEP**, NeuroMoves and exercise prescription for Neurological and Spinal Cord Injuries
- **Ms Nadia Nestor (Qld Health) AEP**, Lung transplants - pre and post outcomes working with an accredited exercise physiologist
- **Dr Simon Rosenbaum (Scientia and NHMRC Research Fellow, University of NSW Sydney & Black Dog Institute) AEP**, Muscling up on mental illness: integrating exercise as a routine part of care